

USER MANUAL



Please read this user manual before use the pedometer

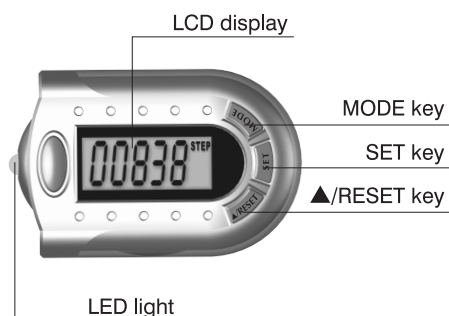
SAFETY

- Please keep battery in a place where hands of infants cannot reach. When battery is swallowed, please send the patient to hospital immediately.
- For battery recharge, short-circuit, dismantling, heating up or placing in fire, it is not permitted. The above action may cause battery leakage or breakage, just in case when the alkaline solution enters the eye due to leakage, please use fresh water to wash and then immediately send the patient to hospital for treatment by doctor. In addition, if the skin or clothing is being stained, please use water to wash as soon as possible.

CAUTION

- Please place the battery based on the accurate positive and negative pole. If it is not correctly placed, it is the reason of causing leakage and machine breakdown.
- Do not decompose and rebuild on your own. Apart from the repair technician, decomposition and repair on your own is strictly prohibited.

PRODUCT STATEMENT



PRODUCT SPECIFICATIONS

Battery

Use mercury battery LR44 or AG13 x 2pcs

Battery Life

Approximately one year. (Basing on 10,000 steps per day and LED light used two minute per day.)

LCD display

Steps, Calories, Distance, Time.

Product Size

63 (L) x 41 (W) x 23 (H) mm

Weight

Approximately 26g (Including batteries)

Operation temperature

-8°C ~ +60°C

LED LIGHT

Press the LED light button to have the bright LED light.



BATTERY REPLACEMENT

- Use the screwdriver to loosen the screw from the battery cover.
- Slide the battery cover to open it.
- Take out the used batteries, and replace the new batteries. Note: Install the batteries to have the (+) symbol of batteries to be faced up.
- Slide back the battery cover to close it.
- Screw the battery cover back to the unit.

REPLACE THE NEW BATTERIES

Battery Life :

Approximately one year. (Basing on 10,000 steps per day and LED light used one minute per day.)

When you should change the new batteries:

The LCD display unclear, the steps are Incorrect, the LED light is not workable or with faint light. (Suggest to change the batteries One time per year.)

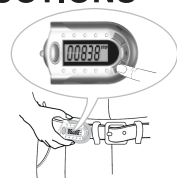
The batteries included in the pedometers by shipment will be with the shorter battery life, due to it still will use the few battery power during the storage time. Please note to change these batteries.

When you replace the new batteries, the data saved in the pedometers (steps, distance, calories and time) will be removed.

OPERATION INSTRUCTIONS

Wear the pedometer to your pants belt.

Press the ▲/RESET key to reset the data before your using.



MODE SETTING

You could press the **MODE** key to display the modes as below:

STEPS → DISTANCE → CALORIES → TIME → STEPS again.

STEPS DISPLAY MODE:

From 0 ~ 99999 steps.

Press the RESET key could reset the step numbers to be 0.

DISTANCE DISPLAY MODE:

From 0 ~ 99999 KM.

Press the RESET key could reset the distance numbers to be 0.

CALORIES DISPLAY MODE:

From 0 ~ 99999 CAL.

Press the RESET key could reset the calories numbers to be 0.

TIME DISPLAY MODE:

12H or 24H selection. Hour and minute display mode.

TIME SETTING

After you replace the new batteries, the LCD will display all the numbers by 2 seconds, and then the LCD will be in the **TIME** display mode.

- 1 Press the **SET** key to be at the **HOURLY** setting mode.
 - The hour numbers will be flashing.
 - Press the ▲/RESET key each time to increase the hour numbers by one hour.
 - ※ During the **HOURLY** setting mode, if you don't press any key to set the data over 5 seconds, then the LCD display will be returned to the **TIME** display mode.
- 2 Press the **SET** key again to be at the **MINUTE** setting mode.
 - The minute numbers will be flashing.
 - Press the ▲/RESET key each time to increase the minute numbers by one minute.
 - ※ During the **MINUTE** setting mode, if you don't press any key to set the data over 5 seconds, then the LCD display will be returned to the **TIME** display mode.
- 3 Press the **SET** key again to be at the 12H and 24H switch setting mode. The 12H or 24H display will be flashing.
 - The 12H or 24H display will be flashing.
 - Press the ▲/RESET key each time to switch the 12H or 24H display.
 - ※ During the 12H and 24H switch setting mode, if you don't press any key to set the data over 5 seconds, then the LCD display will be returned to the **TIME** display mode.
- 4 Press the **SET** key again, the LCD display will be returned to the **TIME** display mode.
 - At the 12H display mode, it will have a "P" showed at the left of the LCD screen. It means **PM**.